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FOR IMMEDIATE RELEASE

## Paradise Parks and Recreation District to Host Tree Planting on the Ridge

PARADISE, California – November 1, 2022 Paradise Parks and Recreation District has partnered with Camp Fire Restoration Project and Butte Environmental Council (BEC), with the support of California ReLeaf, to plant 217 trees on the Ridge in Noble Park. This year's community tree planting event will take place on Saturday and Sunday, November 19th and 20th, from 10am to 3pm on both days.

To kick off the event, Chico State's new Ecotherapy Program will be hosting an introductory Forest Therapy Walk. The Ecotherapy Program offers place-based, holistic healing practices to Chico State students, staff, faculty, community members, and individuals impacted by wildfire in Butte County. The program's mission is to promote the well-being of both people and the land through guided therapeutic and restorative activities in local natural environments. Participants will have the opportunity to take a brief guided immersion in the natural environment, in which they are about to plant 217 trees, to promote the well-being of both people and the land. During the walk, an ANFT-certified guide will offer a series of invitations to deepen participants' sensory experience. After the brief walk, volunteers will start planting trees, such as Black oak, Ponderosa pine, Incense cedar and more! Simultaneously, there will also be a live biochar production demonstration happening on site for the whole during the event. Participants will be able to learn from local experts about the biochar production process, benefits and uses. Lastly, there will be a native tree giveaway for participants. So, this event is definitely something you do not want to miss out on!

Learn more about PRPD's programs and ways you can get involved by going to <u>paradiseprpd.com</u> or by calling (530) - 872 - 6393.

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