



PARADISE RECREATION AND PARK DISTRICT

# Activity Guide

Spring /  
Summer  
2021



**Parks  
Make  
Life  
Better!**

(530)872-6393

[WWW.ParadisePRPD.com](http://WWW.ParadisePRPD.com)





# GENERAL INFORMATION

## Paradise Recreation and Park District (PRPD)

6626 Skyway  
Paradise, CA 95969

Phone: 530-872-6393  
Fax: 530-872-8619  
info@ParadisePRPD.com  
WWW.ParadisePRPD.com



Follow us on social media:  
@ParadisePRPD

## Board of Paradise Recreation and Park District (PRPD) Directors

Mary Bellefeuille—Chairperson  
Robert Anderson—Vice Chair  
Steve Rodowick—Secretary  
Al McGreehan—Director  
Julie Van Roekel—Director

### Staff

Dan Efseaff—District Manager  
Kristi Sweeney—Asst. District Mgr.  
Colleen Campbell—Office Manager  
Jeff Dailey—Rec. Supervisor  
Scott Amick—Rec. Supervisor  
Catherine Merrifield—District Accountant  
Lori McCoslin—Rec Coordinator  
Jess Mercer—Rec Specialist  
Sunny Quigley—Admin. Asst. II  
Lorrennis Leeds—Admin. Asst. II  
Sophia Munoz-Olivarez—Volunteer Coordinator  
Emilia Erickson—Concow Pool Mgr.

### Park Staff

Mark Cobb—Park Supervisor  
Ray Lockridge—Park Foreman  
Dave Ricca  
Brian McCoslin  
Jim Pickett  
Kevin Peake  
Theresa Casaulong  
Ria Smith  
Meghan Kelly  
Cameron Mortimer  
Chris Sage

## REGISTRATION

- **Online Registration**—Online registration and payment options available for most of our programs. See our website at [www.ParadisePRPD.com](http://www.ParadisePRPD.com) and click Register Online.
- **District Office**—Registration is available in our office at 6626 Skyway Paradise, between the hours of 9-3 p.m. Mon — Friday.
- **Mail In Registration**—Forms are available on our website and in the office. If you need a registration form mailed to you please call 530.872.6393.

Fees are charged for most programs, to cover a portion of the instructors, program supplies, maintenance and/or utility costs. Program sign-ups will be taken on a first come, first paid basis.

**REFUNDS:** Refunds will be given only if cancelled by 3 p.m. the day following the first class session. Classes of four meetings or less must be cancelled one business day prior to the first class. A 20% processing fee will be charged per program and will be deducted from refunds. This does not apply to classes cancelled by the

District. ALL REFUNDS will be issued within 14 days of cancellation. If you have any questions regarding fees, sign ups, programs or the use of facilities

## FACILITY RENTALS /

## RESERVATIONS

Buildings, swim pool, picnic areas and ball-parks may be reserved by groups and individuals. For more information on available dates, rental rates and policies governing the use of the District facilities please call 872.6393 or visit our website at: [www.paradisepripd.com](http://www.paradisepripd.com)

## PAYMENT METHODS

Payments may be made using cash, check, or ATM/Debit cards (with Visa/Master Card & Discover Logo), Visa, Master Card, American Express and Discover!



## Donations and Volunteers

join

The District needs your help to develop programming and facilities. Create your living legacy now to help us build top notch parks and programs for the Community. Call Us today at 530.872.6393.



## Check Us Out Online!

View classes, activities, and events, make donations, and register for classes at our newly redesigned website: [www.paradisepripd.com](http://www.paradisepripd.com)



## DISTRICT MANAGER'S MESSAGE

Often times, signs of early Spring sneak up on us, until one day we notice the eruption of daffodils around town or a splash of color on red bud. For me, I wait for the soundtrack of the honking of migrating geese or the trumpeting of sandhill cranes to help me pay attention to spring.

Spring has been a steady progression of color and sounds and now it is clearly arrived and while our patterns of programs and projects is still different than in past years, we are emerging with a re-opening of programs, rentals, and events.



Tiny tots are now back at the Terry Ashe Recreation Center. Visitors will notice in May, new native plants around the facility providing a feast for butterflies and our eyes.

Bille Park is getting a make over with the removal of trees, improved sidewalks, and our requests for donations and sponsors to help us build a mountain bike skills flow course. The views are spectacular, and we expect the outdoor venue to become a destination once again for events and weddings.

Both Concow and Paradise pool programs are gearing up for the season (lifeguards needed now!).

We are also planning a full calendar of out events including: the fishing derby May 15<sup>th</sup>, 2021, movies (the “World Series” of baseball movies through the fall at Moore Road Park and at other locations), Gold Nugget Craft Faire (set for June 12, 2021), and art pop-ups.

Speaking of art, PRPD staff will be creating a community-designed, collaborative mural that will be a COVID-safe activity that the community will enjoy for generations to come. The work will start in May and take several weeks to complete, the public can watch the art arise before there eyes.

The District also acquired 2 new properties adjoining undeveloped parks along Pearson Road and Pentz Road. The properties allow for new recreational opportunities and ways to help manage vegetation that will help reduce wildfire risks.

Finally, we are happy to announce that we will begin work on the 15-mile Magalia – Paradise Lake loop trail and will need volunteers and donations to complete some key aspects of the project.

Time to get out and play!

- *Dan Elseaff*, District Manager



## MEET SOPHIA MUNOZ-OLIVERES

Paradise Recreation and Park District's very own Volunteer Coordinator. Sophia has caught the eye of PRPD through her various strengths and attributes, that makes her one of a kind. Since being hired Feb. 2020, she has participated in many clean-up projects that included: Paradise Lake, Crain Memorial Park, Aquatic Park, and Bille Park. She is currently in the process of planting flowers in the beds in front of the Terry Ashe Recreation Center. Sophia spends a lot of her time out side in the elements, ensuring the safety of the

patrons who visit the parks, allowing the beauty of nature to shine through and ensuring the wildlife is protected through the efforts of her volunteers . Would you like to become a volunteer for the Paradise Recreation and Park District?

Contact: Sophia Munoz-Oliveres  
(530) 872-6393 Ext. 712 or email

smunoz-oliveres@paradisepprd.com

<https://www.paradisepprd.com/volunteer-with-paradise-recreation-park-district>

*"If you like to be outside and work in the dirt, then I have some projects for you. Come play in the dirt with me!" ~ Sophia Munoz-Oliveres*

### Volunteers Who Helped Patrons See the Stars at Paradise Lake

PRPD's very first Astronomy on the Lake was a huge success on October 16th, 2020. With social distancing and COVID safe measures in place, volunteers was able to help participants of this event, launch kayaks, assist with providing directions, and water train. This event could not be possible without the help of our volunteers. Thank you.



Volunteers at Paradise Lake wearing yellow jackets, ensuring the safety of the participants during the Astronomy on the Lake Event in October 2020.

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## SIX VOLUNTEERS IN ACTION!!



Photo to the left: Paradise Lake trail - Boy Scouts Troop 316 assisting staff with cutting back overgrown vegetation and hand pulling invasive plants. All their hard work has paid off to allow wider access to those who use the lake trail for fun!



Photo to the right: This is PRPD's Noble Park where the Mendocino on-call wildland firefighters came out to lend a hand for fire mitigation. The crew helped with chaining and piling material, liming up ladder fuels, and removing invasive plants.





*Bille Park Pavilion, Gazebo, and Canyon View.  
Picture by Maura Bloodgood*

### Re-Discover the Ridge

*Rediscover the Ridge is a collaboration between Ridge-centric businesses and recreation-based organizations who are working to address the scarred perception that non-residents hold of the Camp Fire affected areas. Using stylistic narrative videography and inventive community engagement, Rediscover the Ridge demonstrates the rich history and pioneering spirit of the Ridge, while highlighting the abundance of natural resources, which drive economic revitalization through recreational tourism.*

*Rediscover the Ridge,  
Your Adventure Starts  
Here.*



<http://www.rediscovertheridge.org/>

## WEDDINGS IN PARADISE

Whether you would like your special day to be surrounded by nature, or in a place that holds fond memories already, these wedding locations are available for rent during all seasons.

- Bille Park Pavilion, Kitchen, & Gazebo
- Paradise Lake Gazebo and Picnic Area
- Aquatic Park Pond Arbor and Group Picnic Area
- Terry Ashe Recreation Center Gazebo and Arbor BBQ
- Terry Ashe Recreation Center Big Room and Kitchen

Packages include setup of tables and/or chairs for up to 175 guests. Alcoholic beverages are allowed only at the Terry Ashe Recreation Center Interior Big Room with a refundable deposit. Amplified music is only allowed at the Terry Ashe Recreation Center, interior and exterior. Acoustic music is allowed at all other parks.

Contact the PRPD Office for more info regarding reservations, 530-872-6393.

# LIST OF CLASSES/ACTIVITIES

CLASS	AGE	DAYS	TIMES	DATES	LOCATION	PG #
ASTRONOMY SERIES	16+	VARIES	VARIES	VARIOUS	VARIOUS	14
BALLET	6-10YRS	T	4:00PM-5:00PM	VARIOUS	633 PEARSON RD	12
BASKETBALL: TEEN OPEN GYM	TEEN	F	6-8 PM	TBD	PINE RIDGE/ CEDARWOOD	13
CAMP COURAGE	7-9 GRADE	M-F	9:00AM-4:00PM	6/14-6/18/2021	TERRY ASHE	13
CAMP COUTOLENC	YOUTH	M-F			CAMP COUTOLENC	—
FIELD TRIPS-SOCIAL EMOTIONAL LEARNING & LOSS MITIGATION	10+	M-F	VARIOUS	VARIOUS	VARIOUS	14
FITNESS IN THE PARK	5+	SAT	9:00AM-10:00AM	6/5, 7/3, 8/3, 10/2	BILLE PARK	13
GAMES FOR KIDS	CHILD	W/TH	12:30-1:30PM	4/7-4/29	TERRY ASHE	—
GIRLS ON THE RUN CAMP	3-6 Grade	M-F	8:00AM-12:00PM	8/2-8/6/2021	TBD	13
GOLD NUGGET CRAFT FAIR	ADULT	SAT	9AM- 5PM	6/12/2021	TERRY ASHE	15
JOG, JUMP, GO	8+	SAT	9:00AM-12:00PM	9/4/2021	BILLE PARK	15
HIKING ASSOCIATION HIKES	10+	SAT	8:30AM-12:00PM	2nd Sat of Month	TERRY ASHE	15
KAYAK: BEGINNING TOURING	16+	SAT	8:30AM-2:30PM	5/23/2021	PARADISE LAKE	16- 17
KAYAK: COMMUNITY PADDLE	16+	TH	5:30PM-7:30PM	8/19/2021	PARADISE LAKE	17
KAYAK: EVENING/MOONLIT PADDLE	16+	SAT	5:30PM-9:30PM	6/19, 7/17, & 8/21	PARADISE LAKE	16
KAYAK: INTERMEDIATE TOURING	16+	SUN	8:30AM-2:30PM	6/20, 7/18, & 8/22	PARADISE LAKE	17
KAYAK: TOURING SAFETY & RESCUE	16+	SAT	9:00AM-1:00PM	5/22/2021	PARADISE LAKE	16
KAYAK: WHITEWATER RIVER (LVL 3&4)	18+	SAT/SUN	8:30AM-6:00PM	6/5 & 6/6/2021	PARADISE LAKE	16
KAYAK: QUICKSTART	15+	TH/F	3:15-5:15PM	7/17 & 8/19/2021	PARADISE LAKE	17
LAWN GAMES OLYMPICS	ALL AGES	SAT	9:00AM-2:00PM	6/19/2021	BILLE PARK	15
LIFEGUARD TRAINING	15+	FRI-SUN	VARIOUS	5/21-5/30	TERRY ASHE / PARADISE POOL	7
MLB-PITCH, HIT, & RUN	7-14YRS	SAT	10:00AM	6/19/2021	MOORE BALLPARK	12
PICKLEBALL	ADULT	T/TH	8:30-10:30AM	MAR-OCT	TERRY ASHE	18
PINEWOOD DERBY	YOUTH	TH	6:30-8:30PM	7/29/2021	TERRY ASHE	15
SOFTBALL: CO-ED	18+	TBD	TBA	6/21-8/27/2021	MOORE BALL PARK	14
SOFTBALL: MENS	18+	TBD	TBA	6/21-8/27/2021	MOORE BALL PARK	14
SOFTBALL: WOMENS	18+	TBD	TBA	6/21-8/27/2021	MOORE BALL PARK	14
SOFTBALL: CO-ED TOURNAMENT	18+	SAT-SUN	TBA	8/21 & 8/22	MOORE BALL PARK	19
SOFTBALL: MENS TOURNAMENT	18+	TH & SAT	TBA	8/13 & 8/15	MOORE BALL PARK	19
SOFTBALL: WOMENS TOURNAMENT	18+	FRI -SAT	TBA	8/7 & 8/8	MOORE BALLPARK	19
SUMMERTIME TOTS	TOTS	M-TH	9:30AM-12:30PM	6/14-8/5	TERRY ASHE	11
SWIM POOL: AQUA AEROBICS	ANY AGE	M/W/F	5:30PM-6:30PM	OPENS 6/7/2021	PARADISE POOL	8
SWIM POOL HOURS: ADULT SWIM	ADULT	M-SAT	12:15PM-1:15PM	OPENS 6/7/2021	PARADISE POOL	8
SWIM POOL HOURS: OPEN SWIM	ANY AGE	M-SAT	1:30PM-4:30PM	OPENS 6/7/2021	PARADISE POOL	8
SWIM POOL LESSONS: MORNING	ANY AGE	M—TH	VARIOUS	VARIOUS	PARADISE POOL	7-9
SWIM POOL LESSONS: EVENING	ANY AGE	M—TH	VARIOUS	VARIOUS	CONCOW	10
TAI CHI & QI GONG	ADULT	SAT	10-11:30AM	ONGOING	BILLE PARK	18
TINY TOTS	CHILD	M-TH	9:30AM-NOON	VARIOUS	TERRY ASHE	11
TOT-NASTICS	CHILD	M	12:30-1:30PM	VARIOUS	TERRY ASHE	—
TOT-SOCCER	CHILD	FRI	9:30-10:30AM	6/18-8/6	MOORE BALLPARK	11
TRACK & FIELD CONDITONING	7-12YRS	TH	VARIOUS	4/22-5/27	PARADISE HIGH	—
YOGA	ADULT	TH	5:00PM-6:00PM	ONGOING	BILLE PARK PAVILION	
YOUTH SPORTS SKILLS	7-12	T/TH	4:30PM-5:30PM	VARIOUS	PINE RIDGE ELEM	12
ZUMBA	ADULT	M/TH	3:30PM-4:30PM	TBD	TERRY ASHE	18



# AQUATICS

## SWIM CLASS LEVELS

### PARENT & TOT~

Ages: 6 months through 2 years

**6/1 Patron/  
Instructor Ratio**

(Parent / Child) This course is designed for parents interested in acquainting their children with the water in a safe and fun environment. Parents are directly responsible for their child's instruction while under the guidance of a certified instructor.



### SALAMANDER

Ages 2 years to 8 years

**(LEVEL 1)**

Children will be introduced and made comfortable with being in the water in a fun environment. Children need to be over 36" tall.

### SALMON

**(LEVELS 2 & 3)**

**6/1 Patron/Instructor Ratio**

Swimmers that need assistance going long distances or can swim short way across the pool. Children who are comfortable in the water will begin to learn to swim and float independently. More advanced children will continue to refine the basic front and back crawl. Participants will be introduced to deep water diving skills.

**Parent Note:** Classes are limited. Register as soon as possible. Payment due at time of sign-ups. Schedule is subject to change according to patron interest. Parents and family of swim lesson participants are allowed to sit on the designated benches inside the pool area during swim lessons.

However, at no time will non-participants be allowed to wander the pool deck or enter the water during swim lessons .

CHILDREN MUST BE 36" TO CHIN TO PARTICIPATE IN LEVEL 1 AND ABOVE

(Children under 36" can participate in Private Lessons)

### DOLPHIN

**(LEVELS 4, 5, & 6)**

**6/1 Patron/Instructor Ratio**

Children will increase their stamina by swimming 3-4 laps as they continue to develop the front and back crawl. They will be introduced to the breaststroke and side-stroke.

More advanced swimmers (Level 5) will continue to refine their skills, concentrating on form and efficiency. The butterfly kick and basic turns are introduced.

**Also more advanced swimmers (Level 6)** will refine their front and back crawl, sidestroke, and breaststroke. Instructor will emphasize butterfly and work on increasing child's stamina.

### PRIVATE LESSONS

One on One instruction for all levels age 3 and over. Eight lesson sessions are concurrent with group lessons.

**Fee:** \$100.00

## LIFEGUARD TRAINING

This Red Cross certified course is for those interested in becoming a lifeguard. The course will include Lifeguard Training, First Aid, CPR/AED for Lifeguards, and First Aid for Public Safety Personnel.

**Instructor:** Emilia Erickson.

**Dates:** May 21—May 30

**Location:** Paradise Swim Pool./ Terry Ashe Recreation Center

**Ages:** 15 yrs.—Adult.

**Fee:** \$250 Full Course

# AQUATICS



## PRPD SCHOLARSHIPS AVAILABLE!

Visit our Office at the Terry Ashe Recreation Center  
 Located at 6626 Skyway or call 530.872.6393

## POOL FEES

Pass Type	Cost
Recreation Swim	\$3 Per Session
Swim Pass (20 Swim Pass)	\$45
Swim Lessons (8 Lessons per Session)	\$45
Private Swim Lessons (8 Lessons per Session)	\$100
Basic Water Rescue	\$40.00
Adult Swim/ Lap Swim	\$3/ per time or Adult Pass—20 swims for \$45

## PARADISE AQUATIC SWIM POOL HOURS

Pool hours subject to change due to low attendance or inclement weather. Children six years of age and under are prohibited from using the pool unless they are accompanied by a mature adult, 18 years of age or older.

Session	Day	Times
Swim Instruction	Monday—Thursday	10:15 —11:55 am
Adult Swim Time	Monday—Saturday	12:15 am—1:15 pm
Open Swim Time	Monday—Saturday	1:30 —4:30 pm
Aqua Aerobics	Mon/Wed/Fri	5:30—6:30 pm
Kayaking	TBA	TBA

## PRIVATE POOL RENTAL

Have your birthday party or company party at the Pool! The pool is usually available for rental on weekends beginning at 5:15pm and on Tues/Thurs at 5:30pm. Availability increases in late August and September. Fees include lifeguards and the use of the enclosed picnic area in back of the pool.

Call 530.872.6393 to make your reservation today!

FEES: 1-50 people - \$94.00 per hour

51-150 people - \$108.00 per hour

151-255 people - \$122.00 per hour





# PARADISE AQUATICS SWIM SCHEDULE

## FIRST SESSION 6/21—7/1

Fridays are reserved as make up days if a class is cancelled.

COURSE	DAYS	MORNING
Salamander	M-TH	11:25—11:55am
Dolphin	M-TH	10:15—10:45am
Salmon	M-TH	10:50—11:20am
Parent/Tot	M—TH	11:25—11:55am



## SECOND SESSION 7/12—7/22

Fridays are reserved as make up days if a class is cancelled.

COURSE	DAYS	MORNING
Salamander	M-TH	11:25—11:55am
Dolphin	M-TH	10:15—10:45am
Salmon	M-TH	10:50—11:20am

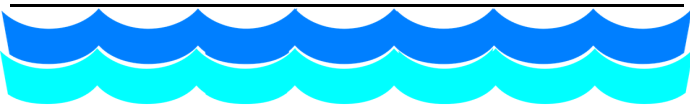


# CONCOW AQUATICS SWIM SCHEDULE

## FIRST SESSION 6/28—7/8

Fridays are reserved as make up days if a class is cancelled.

COURSE	DAYS	EVENING
Salamander	M-TH	5:00—5:30pm
Salmon	M-TH	5:30—6:00pm
Dolphin	M-TH	6:00—6:30pm



## SECOND SESSION 7/12—7/22

Fridays are reserved as make up days if a class is cancelled.

COURSE	DAYS	EVENING
Salamander	M-TH	5:00—5:30pm
Salmon	M-TH	5:30—6:00pm
Dolphin	M-TH	6:00—6:30pm



## THIRD SESSION 7/26—8/5

Fridays are reserved as make up days if a class is cancelled.

COURSE	DAYS	EVENING
Salamander	M-TH	5:00—5:30pm
Salmon	M-TH	5:30—6:00pm
Dolphin	M-TH	6:00—6:30pm





# PRE-SCHOOL PROGRAMS

## SUMMERTIME TOTS

Join us at Terry Ashe Recreation Center for summertime preschool camp. Their time will be spent on arts & crafts, sharing, organized indoor & outdoor games, creative play, and more. This creative children's recreational program will enhance your child's physical, social, and emotional well being. Free lunch will be provided through the PUSD Food Services program.

**Instructor:** Lori McCoslin

**Dates:** Mon/Wed or Tue/Thurs, 9:30am-1:30pm

**Session:** I: 6/14-8/4 (M/W), 6/15-8/5(T/Th)

**Location:** Terry Ashe Recreation Center.

**Ages 3-5**

**Fee:** \$150.00 per session

## TOT SOCCER

In this class children will learn coordination and introductory soccer skills, such as kicking, passing, cooperation and teamwork. Children must be 3 years old and potty-trained by the first day of class.

**Instructor:** Lori McCoslin

**Dates:** Fridays, June 18—August 6, 9:30am-10:30

**Location:** Moore Road Ball Park.

**Ages 3-5 years**

**Fee:** \$60.



## YOUTH PROGRAMS

*For safety purposes, unless otherwise stated, the following classes are for the registered participants only. We ask you to leave your child in our care during class and to pick them up promptly when class is over. If minimum registration has not been met, class sessions may be cancelled.*



## Paradise Unified School District's Food Services Summer Program

We're here to serve you and your family delicious lunch all summer long Monday – Friday. Come by one of our locations and Join us!

ALL CHILDREN 18 AND YOUNGER EAT FREE NO PAPERWORK NECESSARY

Meals are provided by Paradise Unified School District's Food Services  
[www.pusdk12.org/Departments/Food-Services/index.html](http://www.pusdk12.org/Departments/Food-Services/index.html) or call 872-6496

# YOUTH PROGRAMS

## YOUTH PROGRAMS

*For safety purposes, unless otherwise stated, the following classes are for the registered participants only. We ask you to leave your child in our care during class and to pick them up promptly when class is over. If minimum registration has not been met, class sessions may be cancelled.*

## TENNIS LESSONS

This class will introduce your child or teenager to tennis or enable them to improve their skills. Come out and learn the fundamentals of the game from an UTSA certified instructor, Josh Hamilton.

**Instructor:** Josh Hamilton

**Dates:** TBA

**Location:** Terry Ashe Recreation Center Court

**Ages:** 10-15 years

**Fee:** \$65

## BALLET

This class introduces children to the fundamentals of ballet. It will include ballet positions, barre and floor exercises, balance and coordination in a fun learning environment. Both girls and boys are welcome.

**Instructor:** Trudi Angel

**Dates:** Tuesdays, 4:00pm-5:00pm

**Sessions:** I: 5/11-6/1

II: 6/8-6/29

III: 7/6-7/27

**Location:** Northern CA Ballet Studio, 633 Pearson Road, Paradise

**Ages:** 6-10 years

**Fee:** \$60 (4 week session)

## YOUTH SPORTS SKILLS

These youth sports skills program will teach the fundamentals of flag football, soccer, and tee ball to beginning level athletes. Your child will learn the skills necessary to play these sports while instilling a positive attitude toward the importance of physical fitness and sportsmanship. Each of the sessions below will concentrate on the listed sport.

**Instructor:** Tyler Woodcox

**Dates:** Tuesday/Thursday, 4:30pm-5:30pm

**Sessions:** I: 5/11-6/8 Tee Ball

II: 6/10-7/8 Soccer

III: 7/13-8/10 Flag Football

**Location:** Pine Ridge School Field

**Ages:** 7-12 years

**Fee:** \$65

## MLB-PITCH, HIT, AND RUN

MLB and PRPD are partnering together to sponsor a Hit Pitch Run Competition. Come see who is the best on the Ridge in this age group competition. Each group winner will receive an award for being in the top of their age group. Each winner's times and distance will be sent into MLB and will be eligible for moving forward to a regional competition. The finalist of the competition across the nation will be held at the World Series of 2021.



**Instructor:** Willie Davidson

**Dates:** Saturday, June 19, 2021, 10:00am

**Location:** Moore Rd Ballpark

**Ages:** 7yrs - 14yrs (multiple age groups)

**Fee:** Free.



**FOREBAY  
AQUATIC CENTER**

930 GARDEN DRIVE

OROVILLE, CA, 95965

(530) 961-3767

Aquatic Camps | Rowing Camps | Sailing Classes  
| K-12 Field Trips | Equipment Rentals

More info at [forebayaquaticcenter.com](http://forebayaquaticcenter.com)



# YOUTH PROGRAMS

# TEEN PROGRAMS

## CAMP COURAGE

Camp Courage is a five-day adventure camp driven by the opportunity to share exciting activities that foster leadership development and community building. Through teambuilding exercises, adventure programming, and classic outdoor recreation principles such as self-reflection, goal setting, and gratitude awareness, participants will be treated to five days of "fun with a purpose". This trauma and resiliency informed day camp will visit several program providers in the Outdoor Education for All partnership in order to experience standards-based activities that meet a series of Healing Trauma Through Nature initiative goals.

- Day 1 – STEM Day at Terry Ashe Center - Science experiments and cool technology exploration
- Day 2 – Meet at Terry Ashe Center then travel to Forebay Aquatic Center – kayaking, mountain biking, stand up paddle boarding
- Day 3 – Meet at Terry Ashe Center then travel to Paradise Lake – hiking, kayaking, art projects
- Day 4 - Meet at Terry Ashe Center then travel to Chico Ecological Reserve for hiking, ecological education, nature journaling
- Day 5 – Meet at Terry Ashe Center then travel to Bille Park for large scale team activities such as water balloon launching, yard games

**Instructors:** Scott Amick M.A. and Taylor Guy M.A.

**Dates:** June 14 – 18 Monday - Friday 9:00 am to 4:00 pm

**Lunch:** Provided through PUSD

**Session:** I: June 14 – 18

II: TBD – Call to schedule this experience for your class or organization

**Location:** Meet at Terry Ashe Center and travel in PRPD Vans offsite Ages: 11 - 15 years. Fee: \$150/participant - Free to Camp Fire Survivors through Voucher Program (Reimbursement)

## BASKETBALL: TEEN OPEN GYM

This Friday Night Drop-In Basketball program is set up for players of all skill levels. Come on up to the Pine Ridge Elementary or Cedarwood Gyms for exciting pick-up games or just to shoot around.

**Instructor:** Tyler Woodcox

**Dates:** TBD

**Days:** Wednesdays & Fridays

**Location:** Pine Ridge Elementary & Cedarwood Elem.

**Age:** 15 yrs. and up.

**Fee:** \$1.00 per person

## FITNESS IN THE PARK

Start with a non-impact dynamic postural warm up. A certified coach will demonstrate and explain the workout. Participants will engage in bodyweight exercises. Exercises will be scaled to match athletic ability and age. Classes will implement COVID Safe Precautions.

**Instructor:** Aaron Singer

**Dates:** Saturdays

June 5th, 2021, July 3rd, 2021, August 7th, & Oct. 2, 2021

**Location:** Bille Park

**Ages:** 5+ (kids under 15 needs parent/guardian present)

**Fee:** Free.



## GIRLS ON THE RUN CAMP GOTR

CAMP GOTR is the BEST OF GOTR's empowerment curriculum, combined with the FUN OF summer camp! Addresses the physical, social and emotional development of girls in a fun and inclusive setting. Includes interactive lessons on being physically active and expressing creativity through arts & crafts and storytelling. Girls develop self-confidence and learn critical friendship skills they can use as they head back to school in the fall!

First come first serve @ [www.gotrnorthstate.org](http://www.gotrnorthstate.org)

**Instructors:** Certified GOTR Volunteer Coaches

**Dates:** August 2-6th (needs to commit to all days) (8am-12pm)

**Location:** TBD

**Ages:** Girls entering 3rd-6th grades by fall 2021

**Fee:** \$150 (financial assistance available, see the above website for details. (LIMIT TO 24 GIRLS))

# ADULT SPORTS

# SERIES

## ADULT SOFTBALL

Adult slow pitch softball leagues. PRPD would like to bring softball back to Paradise. There will be a Men's, Women's and Co-Ed league offered. Leagues will be planned for 14 games and a single elimination playoff bracket. League structure will be dependent on number of teams interested.

**Instructor:** Willie Davidson

**Dates:** June 21– Aug. 27th, 2021

Days & Times will be determined (subject to change)

**Location:** Moore Rd Ballpark

**Ages:** 18 and older

**Fee:** \$375.00

## DROP-IN SOFTBALL

Two Sundays a month, PRPD will open the field for some open softball. Each day, participants may show up and play. The Instructor will coordinate batting practice or scrimmage structured games, depending on the amount of individuals who show up for the day.

**Instructor:** Willie Davidson

**Dates:** Two Sundays a month

Days & Times will be determined (subject to change)

**Location:** Moore Rd Ballpark

**Ages:** 18+; children can participate with signed parental consent and supervision

**Fee:** \$5.00 per person, per time

## DODGEBALL LEAGUE

We would like to introduce a new program-dodgeball league a couple nights a week through the fall or winter. Teams of six will compete over a league format to see who is the most elusive of people on the Ridge. These competitions are fast paced. Come participate or be a spectator. The format and length of the league will be determined by the instructor. If interested in participating, please call the front office.

**Instructor:** Willie Davidson

**Dates:** TBD September or October

Days & Times will be determined (subject to change)

**Location:** TBD

**Ages:** 18 and older

**Fee:** \$200 per team of 6 people

## ASTRONOMY EVENT SERIES-

Are you a star gazer that enjoys adventure? If so, then our Astronomy Series is for you. Through a series of adventures that include night hikes, kayaking, astrological and historical curriculum, and a chance to connect with like-minded community members, the astronomy series will introduce participants to basic astrological theory and adventure preparation.

**Instructor:** Scott Amick and Dr. Bill Koperwats

**Dates:**

**June** - Trip to Chico Community Observatory

Join the Chico Observatory team, utilize powerful telescopes

**July** - Night Hike at Paradise Lake

Participants learn about light pollution nighttime navigation using the stars, safety, equipment, etc.

**August** - Community Paddle Day at Paradise Lake

Give beginners the opportunity to learn some basic kayaking and orienteering skills, become familiar with the lake while enjoying the view from the water

**September** - Astronomy on the Lake

Participants will see the changes in the sky from the first series trip in June through September

**October** - Trip to Lassen

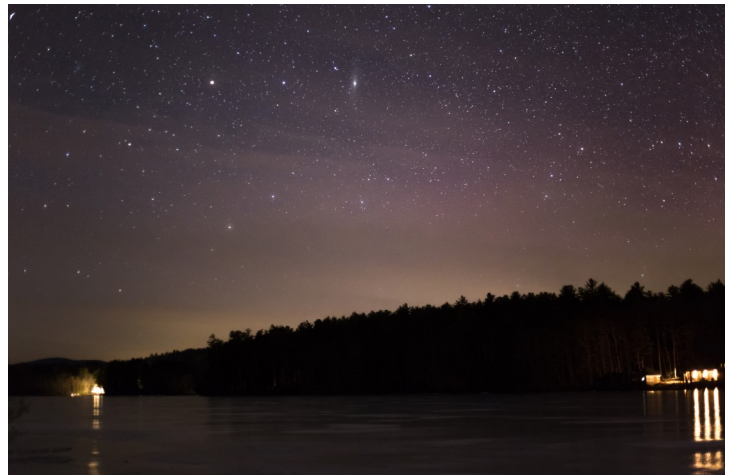
A Night hike at Mount Lassen, overnight stay includes a back-packing experience into the backcountry.

***Specific Dates and Times subject to prime sky conditions. Visit [www.paradisepspd.com](http://www.paradisepspd.com) for updates***

**Location:** Chico Community Observatory, Paradise Lake, Mount Lassen National Park.

**Ages:** 10 years+

**Fee:** \$45 for individual event or \$150 for series. 25 participant max.





# SERIES CONT...

# EVENTS

## THE RIDGE HIKING ASSOCIATION

Join our guides for a series of free hikes that explore the trails on The Ridge and throughout Butte County. This partnership with Paradise Stronger is a community health building initiative that will be sure to satisfy your sense of adventure while connecting you with fellow hiking enthusiasts. Whether you are an advanced hiker or a tender foot beginner, our caring instructors and guides will ensure you are set up for success as we trek the trails in groups of 30 or less. Most hikes are approximately 4 miles in length and last from 8:30 am to Noon on the second Saturday of each month. Trails hiked: Paradise Lake Trail, Lil Falls Trail, Mount Lassen Broke off Mountain Trail, Feather Falls, Table Mountain Hike, Upper Bidwell Park, Rattlesnake Trail at Forebay Aquatic Center

**Instructor:** Scott Amick, Aaron Singer.

**Dates:** Second Saturday of the Month, 8:30 am to 12:00 pm

**Location:** Meet at like Terry Ashe Recreation Center to car-pool to trailhead.

**Ages:** 10 years -Adult

**Fee:** Free (Visit [www.ridgehiking.com](http://www.ridgehiking.com) for event details and hike schedule, please RSVP through website)

## FIELD TRIPS – SOCIAL EMOTIONAL LEARNING AND LEARNING LOSS MITIGATION

Parents, teachers, principals, and administrators – are you looking for program providers that can help you meet Social Emotional Learning standards while meeting the spending needs of AB86? Look no further than our qualified staff at PRPD. Through the Healing Trauma Through Nature initiative, funded through the North Valley Community Foundation, we are proud to provide resilience-based workshops, field trips, and adventure programming (Kayaking, Hiking, Ropes Courses, and more) that will help your students experience standards-based curriculum. Want to speak to our Recreation Supervisor for a custom field trip or after school program for your students? Please contact us at the information listed below.

**Instructor:** Scott Amick. M.A. and Jess Mercer

**Dates:** Monday through Friday, times based on instructor availability

**Location:** The Terry Ashe Center, Bille Park, Paradise Lake, Ecological Reserves, On Site.

**Ages:** All ages and grade levels.

**Fee:** Based on number of participants and experience \$10 - \$65/student

## LAWN GAMES OLYMPICS

Bring your friends and family to this Fathers Day event in order to experience the best of the “Lawn Games” that are classic, clean family fun. Hot dogs and hamburgers will be provided by PRPD staff, there will also be refreshments available for purchase. Friendly competition will encourage a sense of community as you and your small team compete against other small teams in an Olympic Style point accumulation series of activities that include:

Cornhole, Bocci Ball, Potato Sack Races, Watermelon Launch & Lawn Darts

**Instructor:** PRPD Staff

**Dates:** Saturday, June 19th, (9 am to 2 pm),

**Location:** Bille Park .

**Ages:** All Ages.

**Fee:** \$40/team, 4 members/team, 30 teams max

## PINEWOOD DERBY

All children preschool through sixth grade are invited to build and race their own Pinewood Derby Car. Race against your friends and family on our 45-foot inclined track and compete for best design, most original, and fastest car. Car kits can be purchased at the PRPD District Office beginning June 7, 2021.

**Dates:** Thursday, July 29, 6:30-8:30 pm

**Location:** Terry Ashe Recreation Center.

**Ages:** Preschool – 6<sup>th</sup> Grade.

**Fee:** \$10 car kit, derby entry free.

## GOLD NUGGET CRAFT FAIRE

The 42nd Annual Gold Nugget Craft Faire with food and craft vendors from around the tri-state region. Applications for food and craft booths are available at the PRPD Office or online at [www.paradisepspd.com](http://www.paradisepspd.com). Be prepared to follow COVID-19 rules, (face masks and social distancing when needed.)

**Date:** Saturday, June 12, 2021, 9:00am—5:00pm Rain or Shine

**Location:** Terry Ashe Recreation Center

**Fee:** Free Admission

**Booth Fee:** \$75 (craft), \$85 (food)

## JOG. JUMP..GO!

Start with a non-impact dynamic, postural warm up. A certified coach will demonstrate and explain the event. Participants will engage in a 1-mile jog through Bille Park that will include stations every approximate .10 mile. (Stations include bodyweight exercises, fitness challenges, and physical obstacles)

**Dates:** Saturday, Sept. 4th, 2021 9:00am-12:00pm

**Location:** Bille Park

**Ages:** 8+ (kids under 15 needs to have parent/guardian present)

**Fee:** \$25

# ADULT ACTIVITIES

## KAYAK TOURING SAFETY & RESCUE

Join us as we learn touring or sea kayak rescue skills and techniques. We will also review safety equipment, clothing, and preparation. Participants will gain confidence and maximize their paddling experience. Participants are encouraged to bring their own boat, or we can supply kayak, spray skirt, paddle, and PFD.

**Instructor:** Dan Efseaff  
**Dates:** Saturday, May 22, 2021  
**Time:** 9:00am-12:00pm  
**Location:** Paradise Lake  
**Ages:** 16 and up  
**Fee:** \$36 per person

## KAYAK-BEGINNING TOURING (LEVEL 2)

The perfect kayaking introduction for recreational or sea kayakers, we will guide you through the skills and safety that you will need to become a proficient kayaker. Class includes an introduction to the kayak, launching and an overview of basic strokes and show you some basic rescues. Class is based on American Canoe Association (ACA) curriculum and builds the skills for more advanced ocean or moving water conditions. Kayak in Northern California (KayakINC.org) will provide a free kayak rental for the class. Combine this class with the Intermediate Touring Class for a complete weekend! (ACA Level 2)

**Instructor:** Dan Efseaff  
**Dates:** Sunday, May 23, 2021  
**Time:** 8:30am-2:30pm  
**Location:** Paradise Lake  
**Ages:** 16 and up  
**Fee:** \$84 per person



## WHITewater RIVER KAYAK 1 (LEVELS 3-4)

Get started on the right path to becoming a whitewater kayaker. In River Kayak 1 (RK1), we will cover basic strokes and concepts (equipment, skills, and safety) (ACA Level 3 or 4). In RK2, we will review these skills and apply them to moving water and learn some basic tricks on reading whitewater (ACA Level 4). In RK3, we will put it all together for a river trip and focus on the skills and judgment needed for Class 3 and beyond (ACA Level 4 or 5)

**Instructor:** Dan Efseaff  
**Dates:** Saturday and Sunday  
June 5, 2021 & June 6, 2021  
**Time:** 8:30am-6:00pm  
**Location:** Paradise Lake  
**Ages:** 18 and up  
**Fee:** \$180 per person

## KAYAK-EVENING/MOONLIT PADDLE

During the moonlit paddle, we will enjoy the magical mix of paddling, watching the sunset and the moonrise on local flat water. Paddling on moonlit water is truly unforgettable experience! (ACA Level 1)

**Instructor:** Dan Efseaff  
**Dates:** Saturdays,  
June 19, 2021,  
July 17, 2021  
August 21, 2021  
**Time:** 5:30pm-9:30pm  
**Location:** Paradise Lake  
**Ages:** 16 and up  
**Fee:** \$50 per person, per class



# ADULT ACTIVITIES

## KAYAK-BEGINNING TOURING (LEVEL 2)

The perfect kayaking introduction for recreational or sea kayakers, we will guide you through the skills and safety that you will need to become a proficient kayaker. Class includes an introduction to the kayak, launching and an overview of basic strokes and show you some basic rescues. Class is based on American Canoe Association (ACA) curriculum and builds the skills for more advanced ocean or moving water conditions. Kayak in Northern California (KayakINC.org) will provide a free kayak rental for the class. Combine this class with the Intermediate Touring Class for a complete weekend! (ACA Level 2)

**Instructor:** Dan Efseaff

**Dates:** Saturdays,  
June 19, 2021,  
July 17, 2021,  
August 21, 2021

**Time:** 8:30am-2:30pm

**Location:** Paradise Lake

**Ages:** 16 and up

**Fee:** \$84 per person, per class

## KAYAK-INTERMEDIATE TOURING (LEVEL 3)

We build on Beginning Touring Skills and introduce more advanced techniques, such as bracing, edging, and especially rescues. This course is a prerequisite for more advanced tours, builds your confidence to take on new challenges. (ACA Level 3)

**Instructor:** Dan Efseaff

**Dates:** Sundays,  
June 20, 2021,  
July 18, 2021,  
August 22, 2021

**Time:** 8:30am-2:30pm

**Location:** Paradise Lake

**Ages:** 16 and up

**Fee:** \$86 per person, per class

## KAYAK - COMMUNITY PADDLE

The perfect time to come together and build relationships with fellow community members as we paddle around on the lake and explore. Intended for people who have kayaked before and want to meet new people. Participants may bring their own kayak or can rent one from PRPD for an additional cost. Participants looking for instruction are invited to look at some of our other offerings.

**Instructor:** Dan Efseaff and/or Staff

**Dates:** Friday, May 21, 2021  
Thursday, August 19, 2021  
Friday, Sept. 17, 2021  
Additional Dates TBD

**Time:** 5:30pm-7:30pm

**Location:** Paradise Lake

**Ages:** 16 and up

**Fee:** \$15 per person

## QUICKSTART KAYAK

Interested in paddling a kayak, but just want to test the waters? Join us for this QuickStart Your Kayak workshop to get a brief introduction to paddling a kayak. Students are presented with basic information on dressing to paddle safely and potential hazards and simple rescues. A minimal paddle skill set is presented and practiced, allowing students to maneuver on still water safely and comfortably. This enjoyable short program emphasizing safety, enjoyment and skill acquisition for entry level paddlers. Our instructor, Dan Efseaff (Kayak in Northern California, KayakINC.org), will provide kayaks and equipment to get you on the water.

**Instructor:** Dan Efseaff

**Dates:** Friday, May 21, 2021  
Thursday, August 19, 2021  
Friday, Sept. 17, 2021

**Time:** 3:15pm-5:15pm

**Location:** Paradise Lake

**Ages:** 16 and up

**Fee:** \$36 per person



# HEALTH AND FITNESS

## YOGA-GENTLE & THERAPEUTIC

In this class participants will practice gentle yoga that concentrates on compression, cross fiber, and pin & stretch movements. Participants will use recovery balls for tissue healing, myofascial glide, range of movement, and restoring elastic potential of muscles. Please bring your own mat and blanket to class.

**Instructor:** Debbie Warren

**Dates:** Thursday, 5:00 pm, ongoing

**Starts:** April 1, 2021 (ongoing)

**Location:** Bille Park Pavilion

**Fee:** \$5.00 per class, paid to instructor



## TAI CHI & QI GON

The low stress mindful movements of Tai Chi and Qigong increase balance, flexibility, body awareness, health, and strength. In this slower moving class, students will build a good foundation and understanding of the Yang short forms choreographed body postures. This class is well suited for beginning students and for fine tuning the more advanced student. The instructor is a student of grand master Sam Tam.

**Instructor:** Felix Berkhoudt

**Dates:** Saturday, Ongoing, 10:00-11:30am

**Location:** Bille Park Pavilion (Terry Ashe Recreation Center during winter months)

**Ages:** Adults. **Fee:** \$6 per class paid to instructor



## ZUMBA

This adult beginning Zumba class will get you moving for a great low impact workout. Zumba combines Latin and international music with steps and fun dance moves. Wear comfortable shoes and clothes, and bring water and a towel.

**Instructor:** Debra Coleman

**Dates:** Mondays, TBA 3:30pm-4:30pm

**Location:** Terry Ashe Recreation Center

**Ages:** Adults. **Fee:** \$50 for 8-time punch card (purchased in the Recreation Office)



## PICKLEBALL: ADULT DROP-IN

Pickleball is the fastest growing sport in the United States and PRPD now has courts available for all ability levels. Pickleball is a fun and lively game that is easy to learn. It is played on a badminton sized court with special paddles and a plastic ball. Rain will cancel the program.

**Dates:** T/Th, June-October, 8:30am-10:30am

**Location:** Terry Ashe Recreation Center Court.

**Ages:** Adults.

**Fee:** Free, donations appreciated



# BATTLE OF THE RIDGE:

# TOURNAMENTS

## WOMENS TOURNAMENT

Women slow pitch softball league gets to battle it out on the Ridge. The structure of this tournament will be determined prior to the date and time below. (Subject to change based on County's Guidelines)

**Instructor:** Willie Davidson

**Dates:** August 7 & 8, 2021

Days & Times will be determined (subject to change)

**Location:** Moore Rd Ballpark

**Ages:** 18 and older

**Fee:** \$275



## MENS TOURNAMENT

Men slow pitch softball league gets to battle it out on the Ridge. The structure of this tournament will be determined prior to the date and time below. (Subject to change based on County's Guidelines)

**Instructor:** Willie Davidson

**Dates:** August 13 & 15, 2021

Days & Times will be determined (subject to change)

**Location:** Moore Rd Ballpark

**Ages:** 18 and older

**Fee:** \$275

## CO-ED TOURNAMENT

Co-ed slow pitch softball league gets to battle it out on the Ridge. The structure of this tournament will be determined prior to the date and time below. (Subject to change based on County's Guidelines)

**Instructor:** Willie Davidson

**Dates:** August 21 & 22, 2021

Days & Times will be determined (subject to change)

**Location:** Moore Rd Ballpark

**Ages:** 18 and older

**Fee:** \$275

## CORNHOLE/CHILI COOKOFF

PRPD would like to introduce a day of community integration. We are going to take the excitement of the tournament style cornhole competition and combine it with a chili cookoff.

Come participate in either the tournament, the chili competition, or compete in both! The community will be invited to be the judges. Donations to taste and Judge.

**Instructor:** Willie Davidson

**Dates:** TBD (Sept)

**Location:** Terry Ashe Recreation Center

**Ages:** all ages welcome

**Fee:** Cornhole (teams of 2, \$10 each person)

Suggested donation of \$5 for tasting & judging chili





## RECREATION SPECIALIST SPOTLIGHT— JESS MERCER

Jess became a part of the PRPD team in December of 2020. She is super excited to bring her creative tenacity, artistic expression, and passion for the community and their families. She has a huge list of goals to bring to the patrons of Paradise: improving the physical & mental health through creative expression, implementing sustainable programs, community capacity building events and applying for more grants that will allow for the personal growth of the individuals who benefit from her teachings.

## COMMUNITY ORGANIZATIONS

The Paradise Recreation & Park District cooperates with the following Community Organizations to provide facilities and programming:

- Concow Swim Pool—  
530.533.0572
- Paradise Unified School District  
530.872.6400
- Paradise Bowhunters  
530.720.7139
- Paradise Horsemen’s Association  
530.877.5521

- Paradise Museum Memorial Park  
530.872.8722
- Paradise Little League  
530.966.5227
- Paradise Piranhas Swim Team—  
530.327.7275
- Paradise Symphony Orchestra  
530.877.8042

## RECREATION OPPORTUNITIES FOR CHILDREN....

...by making donations to the Paradise Recreation & Park District Children’s Scholarship Program Fund. Please help provide for Ridge youth who would like to participate in recreation classes or sports programs, but may be limited by income restrictions. For more information call 872-6393. We would like to thank everyone that has helped us in our fund-raising efforts.

Al McGreehan Family  
Marc Grosso Family  
Town of Paradise








## PHOTO POLICY

The Paradise Recreation & Park District reserves the right to photograph facilities, activities and program participants for potential future use. All photos will remain the property of Paradise Recreation & Park District and may be used for publicity or promotional purposes.





# DISTRICT FACILITIES

Facility	Address	Amenities
	<p><b>Terry Ashe Recreation Center (TARC)</b> 6626 Skyway Paradise, CA 95969</p>	<p>Located In the heart of Paradise along the Skyway, the Center is the home of PRPD, most of the District's programs, and many community meetings and events. TARC hosts the Ice Rink and special events such as the Chocolate Festival, Johnny Appleseed Days and the Gold Nugget Craft Faire. Many people enjoy this lovely park and stroll, play, or rest under the shade trees. Facilities: Pre-school, playground, gazebo, arbor, BBQ, basketball court plus indoor facilities and kitchen that can be rented for your own special events.</p>
	<p><b>Aquatic Park</b> 5600 Recreation Drive Paradise, CA 95969</p>	<p>Located in Lower Paradise, the Aquatic Park makes a lovely setting for the public swimming pool, nature trail, duck pond, individual picnic sites, a group site and outdoor arbor. In the summer months, the Park provides the location for the Aquatic Park Camp, recreational swimming and swimming lessons. Facilities: Swimming pool, a Group area that can accommodate 150 people with BBQ's and picnic tables. There are also single picnic sites, a playground area, kids fishing pond and beautiful shade trees. The pool, arbor, group and individual sites are available for your summer events.</p>
	<p><b>Bille Park</b> 501 Bille Road Paradise, CA 95969</p> <p><b>Bille Park Expansion</b> 6261 W. Wagstaff Paradise, CA 95969</p>	<p>The original park features a group area, playground, and lots of picnic with shade. Each site come with a BBQ, table, benches and a nearby water source. The park has ample parking, children's playground and a large grassy area. The counselor's area is used for social gatherings or just a resting place after a trek along the nature trails. Bille Park Expansion boasts a gazebo, pavilion and even a kitchen that can also be rented for events of up to 120 people. The features of this park blend cohesively to give any outdoor event an air of elegance among the natural setting of the Ridge. Walkways connect the parks and peek over into the canyon's natural beauty.</p>
	<p><b>Coutolenc Park</b> 364 acres on Coutolenc Road</p>	<p>The park sits on 340 acres on Coutolenc Road above Magalia. Hiking is encouraged. There is an archery range with 42 targets, NFAA certified.</p>
	<p><b>Moore Road Park</b> Paradise, CA</p>	<p>Located in Upper Paradise, the Moore Road Park is unique in that it has two ball parks, a playground area, a riding arena, a dog park and a ropes course. This facility is used year round by many different users. The ball park can also be rented for your private use.</p>
	<p><b>Crain Memorial Park</b> Concow, CA</p>	<p>The hidden gem of Butte County is located in Concow and reopened in October 2017 with a picnic area, restrooms, native plant trail, drinking water, play structure and nice meadow area.</p>

## FACILITY RENTALS / RESERVATIONS

Buildings, swim pool, picnic areas and ballparks may be reserved by groups and individuals. For more information on available dates, rental rates and policies governing the use of the District facilities please call 530.872.6393 or visit our website at: [www.paradisepspd.com](http://www.paradisepspd.com)