

Paradise Recreation and Park District

RECREATION EXPERIENCE

On the following list check once any activities you have taken part in regularly (more than 10 times) and check twice those in which you have actually organized and directed others. Add any recreational activities not listed.

AQUATICS

- Water Polo
- Diving
- Life Guarding
- Swimming Lessons
- Aqua Aerobics

DRAMATIC ACTIVITIES

- Dramatics
- Puppetry
- Story Telling
- Pantomime

OUTDOOR ACTIVITIES

- Camping
- Hiking/Backpacking
- Environment Education
- Horseback Riding
- Picnics
- Rock Climbing

ATHLETICS

- Baseball
- Basketball
- Football
- Hockey
- Soccer
- Track
- Volleyball

FITNESS ACTIVITIES

- Aerobic Dance
- Aerobic Exercise
- Running
- Stretching
- Tai Chi
- Weight Lifting
- Yoga

PRESCHOOL ACTIVITIES

- Art Projects
- Teaching Songs
- Imaginative Play
- Group Sports
- Group Leader
- Baby-sitting/Childcare

CHARACTER BUILDING GROUPS

- Boy Scouts
- Church Functions
- Boys & Girls Club
- Girl Scouts
- 4-H Club
- Sunday School
- Y.M.C.A.
- Other Groups

GYMNASIUM ACTIVITIES

- Apparatus
- Calisthenics
- Baton
- Gymnastics
- Tumbling

SPORTS

- Archery
- Hunter Safety
- Bowling
- Fly Fishing
- Golf
- Judo
- Karate
- Racquetball
- Snow Skiing/Boarding
- Tennis
- Wrestling
- Officiate/Scorekeeping
- Which Sport? _____

CHILDREN'S ACTIVITIES

- Circle Games
- Relay Games
- Singing Games

ART ACTIVITIES

- Calligraphy
- Ceramics
- General Crafts
- Painting
- Sketching
- Wood Working
- Photography

DANCING

- Clogging
- Country
- Folk
- Jazz
- Modern
- Round
- Social (ballroom)
- Square
- Tap
- Hip Hop

MUSIC

- Accompanist
- What Instrument _____
- Band
- Harmonica
- Orchestra
- Piano
- Children's Songs (Guitar & Voice)
- Campfire Songs (Guitar & Voice)

OTHER SKILLS
